To,

Date: 3.12.18 Hyderabad

The Dean Malla Reddy Institute of Medical Sciences Suraram Hyderabad.

From,
MEU Coordinator
Malla Reddy Institute of Medical Sciences
Suraram
Hyderabad.

Dear Sir,

Sub: Requisition of permission to conduct Value added course on "Beat the Stress-Management Techniques".

I, on behalf of the Department of Medical Education, MRIMS, would like to request you to grant permission for the conduct of a value added course on Beat the Stress-Management Techniques for 3rd MBBS from 20th to 22nd December, 2018 in the Lecture Hall, Ground Floor, Academic Block, MRIMS.

Thanking you,

Permitted

Yours sincerely,

Tamurelom ().
MEU Coordinator

Principal | Dean
Principal | Dean
Malla Reddy Institute of Medical Sciences





MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)
Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

CIRCULAR

Ref. No.: MRIMS/Circulars/VAC/ 2018/Dec-01

Date: 5.12.18

Course on "Beat the Stress-Management Techniques" will be conducted in Malla Reddy Institute of Medical Sciences from 20th to 22nd December, 2018 for 3rdMBBS students. HODs to inform the students and reschedule classes and postings. Students have to register with the program coordinator Dr. Jamuna Rani, MEU Coordinator, MRIMS.

Resource persons:

- 1. Dr. Anitha, Department of Psychiatry, IMH, Erragadda
- 2. Dr. Tabitha, Department of Psychiatry, MRIMS
- 3. Dr. Sunanda, MEU Coordinator, Mamata Medical College.

Venue: Lecture Hall, Ground floor, Academic Block, MRIMS

Date: 20.12.18- 22.12.18 **Time:** 9.00 am - 4:30pm

PRINCIPAL/DEAN

Copy to:

- 1. Circulation in classroom
- 2. All HoDs
- 3. Notice board
- 4. PA to Principal/Dean for filing





Principal / Dean
Malla Reddy Institute of Medical Sciences

Principal / Dean

Malla Reddy Institute of Medical Sciences

E-mail: mallareddyhospital@gmail.com mrims.2012@gmail.com www.mrims.org

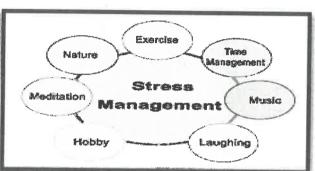
Brochure



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

DEPARTMENT OF MEDICAL EDUCATION





Date: 20.12.18-22.12.18

Venue: Lecture Hall, Ground floor, Academic Block, MRIMS

Time: 9am-5pm

Resource Persons:

Dr. Anitha, Department of Psychiatry, IMH, Erragadda

Dr. Tabitha, Department of Psychiatry, MRIMS

Dr. Sunanda, MEU Coordinator, Mamata Medical College





MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)
Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Beat the Stress-Management Techniques (VM-03)

COURSE OBJECTIVES

COURSE	At the end of the course, the students should be aware of	
OBJECTIVES	 Support networks within their medical school community and beyond. 	
	 Importance of seeking support from peers, mentors, and mental health professionals when managing stress. 	
	 Stress management techniques tailored to the demands of medical education and training. 	

COURSE SYLLABUS

Module	Syllabus
MODULE 1	Stress- Definition
	Types of stress
	Sources of stress in professional environment
MODULE 2	Reading stress signals
	Relaxation techniques
	Resilience building techniques
MODULE 3	Coping mechanisms
	Support systems
	Self-care and well-being

COURSE OUTCOME

COURSE	The student will gain a deeper understanding of stress and its impact on
OUTCOME	professional performance and well-being and learn practical techniques to manage stress effectively and maintain a healthy work-life balance and develop resilience skills to bounce back from setbacks and navigate challenges with greater ease
	V VIII - Warin Le

Hyderabad Co.

Principal / Dean
Malla Reddy Institute of Medical Sciences
Januarelon ()

COORDINATOR

Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055. Tel: 9676017777, 9676027777, 7842090952

E-mail: mallareddyhospital@gmail.com mrims.2012@gmail.com www.mrims.org



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)
Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Beat the Stress-Management Techniques (VM-03)

Program Schedule

Time	Program	Faculty
5	Day 1, 20.12.18	
9-9:30 AM	- Registration	MEU Members
9:30- 10 AM	- Inaugural address	Dean
		Academic Dean
		Vice Principal
		Medical Superintendent
10 – 11:15AM	- Introduction to stress management	Dr. Tabitha
11:15- 11:30 AM	Tea break	
11:30 AM- 1PM	- Good stress vs Bad stress	Dr. Anita
1- 2 PM	Lunch Break	
2- 3.30 PM	- Understanding Stress	Dr. Anita
3.30- 4.30 PM	- Common sources of stress in professional settings	Dr. Sunanda
	Day 2, 21.12.18	
9-9:30 AM	- Recap	MEU Members
9:30- 11 AM	- Stress Signals	Dr. Tabitha
11-11:15 AM	- Tea break	
11:15 AM- 1 PM	- Mindfulness and relaxation techniques	Dr. Anita
1-2 PM	Lunch Break	
2- 3.30 PM	- Time management and prioritization	Dr. Sunanda
3.30- 4.30 PM	- Building Resilience	Dr. Tabitha
	Day 3, 22.12.18	V, V, y w - co sin Le
9-9:30 AM	- Recap Hyderabad	MEU Members Principal / Dean

Suraram 'x' Road, Quthbullapur Muricipality, Hyderabad - 500 055. Tel: 9676017777, 9676027777, 7842090952

E-mail: mallareddyhospital@gmail.com mrims.2012@gmail.com www.mrims.org

9:30- 11 AM	- Developing coping mechanism	Dr. Anita
11-11:15 AM	- Tea break	
11:15AM-1PM	- Self- care and wellbeing	Dr. Sunanda
1- 2 PM	- Lunch Break	
2- 3.30 PM	- Seeking support	Dr. Tabitha
3.30-4.30 PM	- Reflections - Feedback	MEU Members

Tamunelami N. ... Coordinator



V . งหมา อาจาร์ Principal / Dean Malla Reddy Institute of Medical Sciences



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY: CHANDRAMMA EDUCATIONAL SOCIETY)
Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Summary Report

Beat the Stress- Management Techniques (VM-03)

Stress management refers to the process of understanding and effectively dealing with stress in order to reduce its negative effects on one's physical, mental, and emotional well-being. It involves adopting various techniques, strategies, and behaviors to cope with and mitigate the impact of stressors in everyday life. Stress management is a proactive approach to maintaining a healthy lifestyle and optimizing well-being by effectively managing the inevitable stressors of life. It empowers individuals to take control of their responses to stress and cultivate greater resilience in the face of adversity. With these aims in mind this course was designed.

To conduct this course, we had with us Dr. Anita, Professor, IMH, Erragadda as the key resource person. She apart from being a qualified Psychiatrist is also an experienced teacher and counsellor and could contribute immensely in addressing the students. Along with her we had Dr. Tabitha from the Department of Psychiatry, MRIMS who is an eloquent speaker who could provide the students with the support framework existing in our college. They were accompanied by Dr. Sunanda V, MEU Coordinator of Mamata Medical College, Bachupally who possesses an insight into the mindset of the students due to her years of teaching, hence giving an invaluable insight into how stress management techniques can help.

The program was conducted on 20.12.18-22.12.18 at Lecture Hall, Ground floor, Academic

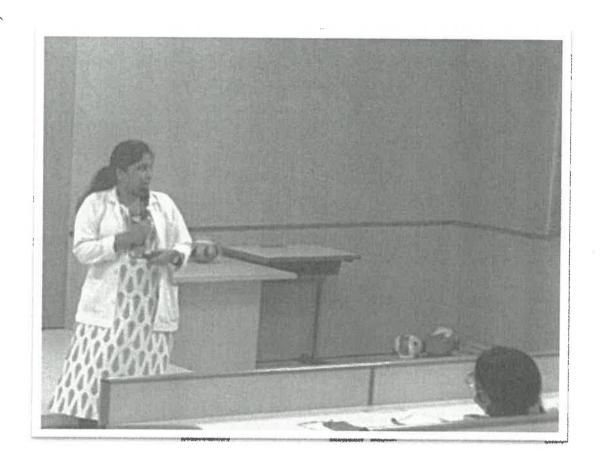
Block, MRIMS for III MBBS (2016 batch) for 30 hours

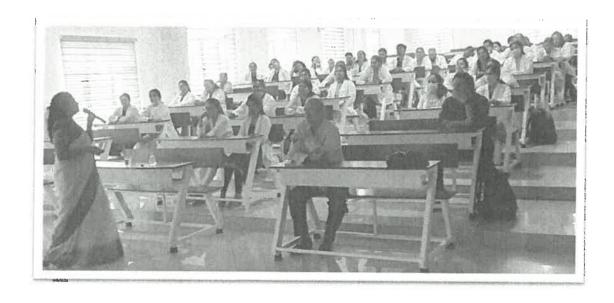
Principal / Dean

Maila Reddy Institute of Medical Sciences

Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055. Tel : 9676017777, 9676027777, 7842090952

E-mail: mallareddyhospital@gmail.com mrims.2012@gmail.com www.mrims.org





VM-03

Beat the Stress-Management Techniques



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY) Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India. Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Beat the Stress- Management Techniques				
Course Code: VM03	Year: III MBB	S		
DATE: 20.12.18- 22.12.18	J,	Time: 9:00AM -4:30 PM		
Venue: Lecture Hall, Ground Floor, Academic Block, MRIMS	Batch: 2016 Ba	atch		
Total successfully completed - 110	I.			

Details of students successfully completed

- Beat the Stress- Management Techniques VM03

Sr No	Name of Student	Registration Number	Successfully Completed (Yes/No)
1	A HARSHA VARDHAN	1601016001	Yes
2	A SAI SUNDEEP	1601016002	Yes
3	A UDAY SHREE	1601016003	Yes
4	AARFA DEVANI	1601016004	Yes
5	ADEPU JAHNAVI	1601016005	Yes
6	AEMBALI RAVI TEJA	1601016006	Yes
7	AKURATHI UMA POORNIMA	1601016007	Yes
8	ALLU RAVI KISHOR	1601016008	Yes
9	ANKIT SUNIL KULKARNI	1601016009	Yes
10	ANUHYA CHERIPALLY	1601016010	Yes
11	APPAMMAGARI SRIDHAR REDDY	1601016011	Yes
12	AREGUNTA BHAVYA	1601016012	Yes
13	ASMA BEGUM	1601016013	Yes
14	AVADHANAM KUMAR SUPRAJA	1601016014	Yes
15	AYAN MUKHERJEE	1601016015	Yes
16	B DEEPTHI Hyderabad	1601016016	Yes waite

Principal / Dean

Malla Reddy Institute of Medical Science Suraram 'x' Road, Quino Mapur Municipality, Hyderabad - 500 055.

Tel: 9676017777, 9676027777, 7842090952

E-mail: mallareddyhospital@gmail.com mrims.2012@gmail.com www.mrims.org

17	B PREETHI	1601016017	Yes
18	B SHRUTHI	1601016018	Yes
19	B SUSHMA	1601016019	Yes
20	BANOTH PRADEEP KUMAR	1601016020	Yes
21	BANOTHU VAMSI KRISHNA	1601016021	Yes
22	BASAVA DIMPLE	1601016022	Yes
23	BASHETTY VAISHNAVI	1601016023	Yes
24	BATTULA GAYATRI	1601016024	Yes
25	BOBBILI CHARITHA	1601016025	No
26	BOGAM YASHWANTH	1601016026	Yes
27	BOYINA RAKSHITA YADAV	1601016027	Yes
28	CHALLA AISHWARYA REDDY	1601016028	Yes
29	CHANDASWI MANDRA	1601016029	Yes
30	CHERUKOTA RAJA	1601016030	Yes
31	CHILIVAERU RUCHITHA RAO	1601016031	Yes
32	CHITTALURI SRUJANA	1601016032	Yes
33	D DEEKSHEKA	1601016033	Yes
34	D MEGHANA	1601016034	Yes
35	DAKURI SATVIK REDDY	1601016035	Yes
36	DEVENDER R S	1601016036	Yes
37	DHANDU TARUN SAI KUMAR	1601016037	Yes
38	DHATRIKA GAYATHRI DEVI	1601016038	Yes
39	DODDIKINDI SHRAVAN REDDY	1601016039	Yes
40	DODDIKINDIWAD MADHULATA RAVINDRAREDDY	1601016040	Yes
41	FARHANA BEGUM	1601016041	Yes
42	GADDALA SUSHMA	1601016042	Yes
43	GADDAM MANASA	1601016043	Yes
44	GADDAMEEDI SAI TEJA	1601016044	Yes

45	GARIGANTI GOPALA KRISHNA	1601016045	No
16	GOWTHAVARAM CHENGALA ANANYAA	1601016046	Yes
17	GUMMULA CHINMAYI	1601016047	Yes
48	JADDU RISHIKA	1601016048	Yes
49	JAMBULA HASIKA REDDY	1601016049	Yes
50	JONNAKUTI SUNIL KUMAR REDDY	1601016050	Yes
51	JUTTUKONDA SUSHMA	1601016051	Yes
52	K KALYAN BABU	1601016052	Yes
53	K LAKSHMI BHARGAVI	1601016053	Yes
54	KAKI PRANEETH CHANDRA	1601016054	Yes
55	KALYANAM AISHWARYA	1601016055	Yes
56	KANAPARTHI TARUN	1601016056	Yes
57	KANDALA SWATHI	1601016057	·Yes
58	KANNIKANTI LAKSHMI SATYA SAI LAHARI	1601016058	Yes
59	KAPPALA SANJAY EZEKIEL	1601016059	Yes
60	KATTEMPUDI MEGHANA	1601016060	No
61	KHADKEKAR NEHA	1601016061	Yes
62	KOMAL DHANRAJ	1601016062	Yes
63	KOMATINENI SAI VENISH	1601016063	No
64	KONDITY PRANEETH	1601016064	Yes
65	KONDURU Y SAHITHI	1601016065	Yes
66	KORAMONI SPHOORTHI	1601016066	Yes
67	KOTHOLLA BINATHI	1601016067	Yes
68	KOTHURU HARSHITHA	1601016068	Yes
69	KOTLA SAI BHARGAVI	1601016069	Yes
70	KUNCHALA AKHILA	1601016070	Yes
71	KUSULURI SRI SAI MANI CHANDANA	1601016071	Yes
72	L SRINIDHI SANTHOSHINI	1601016072	No
		1601016073	Yes

74	LAKSHMI ANKITHA ALLA	1601016074	Yes
75	LAVANGA JYOTHSNA SREE	1601016075	Yes
76	M DIVYA	1601016076	Yes
77	M PRATEEKSHA SINGH	1601016077	Yes
78	MALOVATHU HARI KRISHNA PRASAD	1601016078	Yes
79	MANNAM KARTHIK	1601016079	Yes
80	MAREBOINA SOWMYA LOLITA	1601016080	Yes
81	MARINGANTI OOHA	1601016081	Yes
82	MEENAKSHI MADDIKERY	1601016082	Yes
83	MEGHANA K	1601016083	Yes
84	MEKALA HARSHNI	1601016084	Yes
85	MERGOJU DIVYA	1601016085	Yes
86	MERUGU KARTHIK	1601016086	Yes
87	MERUVA SRI VAISHNAVI	1601016087	Yes
88	MESA AKHILA	1601016088	Yes
89	MOHD RAFIUDDIN	1601016089	Yes
90	MOOD JAYANTH CHOWHAN	1601016090	Yes
91	MUDAVATH ANITHA	1601016091	Yes
92	MUDAVATH SANTHOSH	1601016092	Yes
93	MULINTI RUCHIKA REDDY	1601016093	Yes
94	MUNIGETI RAJAVIND	1601016094	Yes
95	MUTTE SRIKANTH	1601016095	Yes
96	N SAHITHI RAO	1601016096	Yes
97	NAGA VENKATA SAI NEHA NIMMAGADDA	1601016097	Yes
98	NIKHIL REDDY KOTHAKOTA	1601016098	Yes
99	NIKITA SINGH	1601016099	Yes
100	P JEEVANA PRIYA	1601016100	Yes
101	P SUMALINI REDDY	1601016101	Yes

P YADU VAMSHI REDDY	1601016102	Yes
PADAVALA RISHITHA NAIDU	1601016103	Yes
PARANKUSAM SAI KOMAL	1601016104	Yes
PASUMARTHY NIKITHA	1601016105	Yes
PASUPULA RAJITHA	1601016106	Yes
PASUPULETI ANUSHA	1601016107	Yes
PEDDIREDDI VINDHYA	1601016108	Yes
POLAMURI RITHVIK	1601016109	Yes
PRATHIPATHI NISSIANGELENE	1601016110	Yes
	PADAVALA RISHITHA NAIDU PARANKUSAM SAI KOMAL PASUMARTHY NIKITHA PASUPULA RAJITHA PASUPULETI ANUSHA PEDDIREDDI VINDHYA POLAMURI RITHVIK	PADAVALA RISHITHA NAIDU PARANKUSAM SAI KOMAL PASUMARTHY NIKITHA 1601016105 PASUPULA RAJITHA 1601016106 PASUPULETI ANUSHA 1601016107 PEDDIREDDI VINDHYA 1601016108 POLAMURI RITHVIK 1601016109

Tamurelan 1 .
Coordinator

V.U.Aw Principal/Dean



Principal / Dean

Malla Reddy Institute of Medical Sciences





MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)

Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.

Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Beat the Stress- Management Techniques				
Course Code: VM-03	Year: III MBBS			
DATE: 20.12.18- 22.12.18	Time: 9:00AM -4:30 PM			
Venue: Lecture Hall, Ground Floor, Academic Block, MRIMS	Batch: 2016 Batch			
Total Students Registered- 115				

Details of students registered for VM-03-Beat the Stress- Management Techniques

Sr No	Name of Student	Registration No	Registered
1	A HARSHA VARDHAN	1601016001	Yes
2	A SAI SUNDEEP	1601016002	Yes
3	A UDAY SHREE	1601016003	Yes
4	AARFA DEVANI	1601016004	Yes
5	ADEPU JAHNAVI	1601016005	Yes
6	AEMBALI RAVI TEJA	1601016006	Yes
7	AKURATHI UMA POORNIMA	1601016007	Yes
8	ALLU RAVI KISHOR	1601016008	Yes
9	ANKIT SUNIL KULKARNI	1601016009	Yes
10	ANUHYA CHERIPALLY	1601016010	Yes
11	APPAMMAGARI SRIDHAR REDDY	1601016011	Yes
12	AREGUNTA BHAVYA	1601016012	Yes
13	ASMA BEGUM	1601016013	Yes
14	AVADHANAM KUMAR SUPRAJA	1601016014	Yes
15	AYAN MUKHERJEE	situte o 201016015	Yes V.V. w was

Principal / Dean

Malla Reddy Institute of Medical Science:

Suraram 'x' Road, Quthbullapur Menicipality, Hyderabad - 500 055. Tel: 9676017777, 9676627777, 7842090952

Hyderabad

E-mail: mallareddyhospital@gmail.com mrims.2012@gmail.com www.mrims.org

16	B DEEPTHI	1601016016	Yes
17	B PREETHI	1601016017	Yes
18	B SHRUTHI	1601016018	Yes
19	B SUSHMA	1601016019	Yes
20	BANOTH PRADEEP KUMAR	1601016020	Yes
21	BANOTHU VAMSI KRISHNA	1601016021	Yes
22	BASAVA DIMPLE	1601016022	Yes
23	BASHETTY VAISHNAVI	1601016023	Yes
24	BATTULA GAYATRI	1601016024	Yes
25	BOBBILI CHARITHA	1601016025	Yes
26	BOGAM YASHWANTH	1601016026	Yes
27	BOYINA RAKSHITA YADAV	1601016027	Yes
28	CHALLA AISHWARYA REDDY	1601016028	Yes
29	CHANDASWI MANDRA	1601016029	Yes
30	CHERUKOTA RAJA	1601016030	Yes
31	CHILIVAERU RUCHITHA RAO	1601016031	Yes
32	CHITTALURI SRUJANA	1601016032	Yes
33	D DEEKSHEKA	1601016033	Yes
34	D MEGHANA	1601016034	Yes
35	DAKURI SATVIK REDDY	1601016035	Yes
36	DEVENDER R S	1601016036	Yes
37	DHANDU TARUN SAI KUMAR	1601016037	Yes
38	DHATRIKA GAYATHRI DEVI	1601016038	Yes
39	DODDIKINDI SHRAVAN REDDY	1601016039	Yes
40	DODDIKINDIWAD MADHULATA RAVINDRAREDDY	1601016040	Yes
41	FARHANA BEGUM	1601016041	Yes
42	GADDALA SUSHMA	1601016042	Yes
43	GADDAM MANASA	1601016043	Yes

44	GADDAMEEDI SAI TEJA	1601016044	Yes
45	GARIGANTI GOPALA KRISHNA	1601016045	Yes
46	GOWTHAVARAM CHENGALA ANANYAA	1601016046	Yes
47	GUMMULA CHINMAYI	1601016047	Yes
48	JADDU RISHIKA	1601016048	Yes
49	JAMBULA HASIKA REDDY	1601016049	Yes
50	JONNAKUTI SUNIL KUMAR REDDY	1601016050	Yes
51	JUTTUKONDA SUSHMA	1601016051	Yes
52	K KALYAN BABU	1601016052	Yes
53	K LAKSHMI BHARGAVI	1601016053	Yes
54	KAKI PRANEETH CHANDRA	1601016054	Yes
55	KALYANAM AISHWARYA	1601016055	Yes
56	KANAPARTHI TARUN	1601016056	Yes
57	KANDALA SWATHI	1601016057	Yes
58	KANNIKANTI LAKSHMI SATYA SAI LAHARI	1601016058	Yes
59	KAPPALA SANJAY EZEKIEL	1601016059	Yes
60	KATTEMPUDI MEGHANA	1601016060	Yes
61	KHADKEKAR NEHA	1601016061	Yes
62	KOMAL DHANRAJ	1601016062	Yes
63	KOMATINENI SAI VENISH	1601016063	Yes
64	KONDITY PRANEETH	1601016064	Yes
65	KONDURU Y SAHITHI	1601016065	Yes
66	KORAMONI SPHOORTHI	1601016066	Yes
67	KOTHOLLA BINATHI	1601016067	Yes
68	KOTHURU HARSHITHA	1601016068	Yes
69	KOTLA SAI BHARGAVI	1601016069	Yes
70	KUNCHALA AKHILA	1601016070	Yes
71	KUSULURI SRI SAI MANI CHANDANA	1601016071	Yes
			E .

73	LAGISETTI SARATH CHANDRA	1601016073	Yes
74	LAKSHMI ANKITHA ALLA	1601016074	Yes
75	LAVANGA JYOTHSNA SREE	1601016075	Yes
76	M DIVYA	1601016076	Yes
77	M PRATEEKSHA SINGH	1601016077	Yes
78	MALOVATHU HARI KRISHNA PRASAD	1601016078	Yes
79	MANNAM KARTHIK	1601016079	Yes
80	MAREBOINA SOWMYA LOLITA	1601016080	Yes
81	MARINGANTI OOHA	1601016081	Yes
82	MEENAKSHI MADDIKERY	1601016082	Yes
83	MEGHANA K	1601016083	Yes
84	MEKALA HARSHNI	1601016084	Yes
85	MERGOJU DIVYA	1601016085	Yes
86	MERUGU KARTHIK	1601016086	Yes
87	MERUVA SRI VAISHNAVI	1601016087	Yes
88	MESA AKHILA	1601016088	Yes
89	MOHD RAFIUDDIN	1601016089	Yes
90	MOOD JAYANTH CHOWHAN	1601016090	Yes
91	MUDAVATH ANITHA	1601016091	Yes
92	MUDAVATH SANTHOSH	1601016092	Yes
93	MULINTI RUCHIKA REDDY	1601016093	Yes
94	MUNIGETI RAJAVIND	1601016094	Yes
95	MUTTE SRIKANTH	1601016095	Yes
96	N SAHITHI RAO	1601016096	Yes
97	NAGA VENKATA SAI NEHA NIMMAGADDA	1601016097	Yes
98	NIKHIL REDDY KOTHAKOTA	1601016098	Yes
99	NIKITA SINGH	1601016099	Yes
100	P JEEVANA PRIYA	1601016100	Yes

101	P SUMALINI REDDY	1601016101	Yes
102	P YADU VAMSHI REDDY	1601016102	Yes
103	PADAVALA RISHITHA NAIDU	1601016103	Yes
104	PARANKUSAM SAI KOMAL	1601016104	Yes
105	PASUMARTHY NIKITHA	1601016105	Yes
106	PASUPULA RAJITHA	1601016106	Yes
107	PASUPULETI ANUSHA	1601016107	Yes
108	PEDDIREDDI VINDHYA	1601016108	Yes
109	POLAMURI RITHVIK	1601016109	Yes
110	PRATHIPATHI NISSIANGELENE	1601016110	Yes
111	PREETHI VANGARI	1601016111	Yes
112	PURI NAVYASREE	1601016112	Yes
113	R H NISCHALA	1601016113	Yes
114	R SAI CHITRA	1601016114	Yes
115	RAMANAPUDI HIMA SAMEERA	1601016115	Yes

Jamundam?. Coordinator

V.،۷۸ سنده منه لا Principal/Dean



Principal / Dean
Malla Reddy Institute of Medical Sciences



(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. A HARSHA VARDHAN	of III
year MBBS, bearing roll no: 1601016001, has successfully completed the	. Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduc	cted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Janu No Medical Coordinator Hyderabad Coordinator

V.V.Aw www Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. A SAI SUNDEEP	of III
year MBBS, bearing roll no: 1601016002, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu rolam (1)

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. A UDAY SHREE	of III
year MBBS, bearing roll no:1601016003, has successfully con	ipleted the Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC	3", conducted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamundam ()
Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. AARFA DEVANI	of III
year MBBS, bearing roll no: 1601016004, has successfully completed the V	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducte	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamundam A Coordinator Principal/Dean



(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. ADEPU JAHNAVI	of III
year MBBS, bearing roll no: 1601016005, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolam ()
Coordinator



Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. <u>AEMBALI RAVI TEJA</u>	of III
year MBBS, bearing roll no:1601016006, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jame rolam (1 Coordinator Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. AKURATHI UMA POORNIMA	of III
year MBBS, bearing roll no: 1601016007, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolam (Coordinator Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. <u>ALLU RAVI KISHOR</u>	of II
year MBBS, bearing roll no:1601016008, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nolam Gute of Mo Coordinator Hyderabad Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. ANKIT SUNIL KULKARNI	of III
year MBBS, bearing roll no:1601016009, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducte	ed in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolom () Coordinator



V.V'AQ O W Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. ANUHYA CHERIPALLY	of III
year MBBS, bearing roll no:1601016010, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nolam Coordinator



(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. APPAMMAGARI SRIDHAR REDDY	of I II
year MBBS, bearing roll no: <u>1601016011</u> , has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolom
Coordinator
Hyderabad

Principal/Dean
Principal / Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. AREGUNTA BHAVYA of II
year MBBS, bearing roll no: 1601016012 , has successfully completed the Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducted in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.

Jamu nolom Coordinator



Principal/Dean

Malla Reddy Jacob Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrins.org



Certificate of Completion

This to certify that Mr/Ms. ASMA BEGUM	of III
year MBBS, bearing roll no: 1601016013, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducte	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nol more Hyderabad Coordinator Hyderabad Coordinator

Principal/Dean

V. Principal/Dean

Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. AVADHANAM KUMAR SUPRAJA	of III
year MBBS, bearing roll no: 1601016014 , has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu rolam (
Coordinator

V .V'AW www V Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. AYAN MUKHERJEE	of III
year MBBS, bearing roll no: <u>1601016015</u> , has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Janu nol om Coordinator Hyderabad S

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. B DEEPTHI	of III
year MBBS, bearing roll no:1601016016, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu rolam (1 Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. B PREETHI	of III
year MBBS, bearing roll no:1601016017, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu rolam (1 Coordinator Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. B SHRUTHI 0	f III
year MBBS, bearing roll no: 1601016018, has successfully completed the V	⁷ alue
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducte	d in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamundam (1 Coordinator Principal/Dean

Principal / Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. B SUSHMA	of III
year MBBS, bearing roll no: 1601016019, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamundom (1 Coordinator V.VAQ Vous Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. BANOTH PRADEEP KUMAR	of III
year MBBS, bearing roll no:1601016020, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu not am
Coordinator
Hyderabad

Coordinator

Principal/Dean

Principal/Dean

Principal / Dean Principal / Dean Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. BANOTHU VAMSI KRISHNA	of III
year MBBS, bearing roll no:1601016021, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nol and Coordinator

Hyderabad

V .V'AQ Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. BASAVA DIMPLE	of III
year MBBS, bearing roll no: 1601016022 , has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolom (ute of Coordinator Hyderabad)

V .V'AW Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrins.org



Certificate of Completion

This to certify that Mr/Ms. BASHETTY VAISHNAVI	of III
year MBBS, bearing roll no:1601016023, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu ndam (Tule of Coordinator

V .V'AO Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrins.org



Certificate of Completion

This to certify that Mr/Ms. BATTULA GAYATRI	of III
year MBBS, bearing roll no: 1601016024, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu rolam (Coordinator



V.V'AQ O W Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. BOBBILI CHARITHA	of III
year MBBS, bearing roll no:	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducte	ed in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolam (Coordinator



Principal/Dean Principal / Dean

Malia Reddy Institute of Medical Sciences

V. Vyw womie ce

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. BOGAM YASHWANTH	of III
year MBBS, bearing roll no: 1601016026, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nol an Medical Coordinator Medical Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrins.org



Certificate of Completion

This to certify that Mr/Ms. BOYINA RAKSHITA YADAV	of III
year MBBS, bearing roll no: <u>1601016027</u> , has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Janu nd Coordinator

Principal/Dean
Principal/Bean
Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. CHALLA AISHWARYA REDDY	of III
year MBBS, bearing roll no:1601016028, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Janu nd om
Coordinator

Principal/Dean

V.VA Principal / Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. <u>CHANDASWI MANDRA</u> of II
year MBBS, bearing roll no: 1601016029, has successfully completed the Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducted in
the institute from 20th Dec 2018 to 22nd Dec 2018.

Jamundom (Coordinator

Principal/Dean

V. Vy Principal Tueah

Malla Reddy Institute of Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. CHERUKOTA RAJA	of III
year MBBS, bearing roll no: 1601016030 , has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nolom
Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. CHILIVAERU RUCHITHA RAO	of III
year MBBS, bearing roll no: <u>1601016031</u> , has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduc	ted in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Coordinator

V.V.A. Dean

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. CHITTALURI SRUJANA	of III
year MBBS, bearing roll no: 1601016032 , has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamundar

· V'AQT Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. <u>D DEEKSHEKA</u>	of III
year MBBS, bearing roll no: 1601016033 , has successfully completed the	0
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nol am Medicar Coordinator Bliew *

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. <u>D MEGHANA</u>	of III
year MBBS, bearing roll no:1601016034, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nolamino Coordinator

· V'AW Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. DAKURI SATVIK REDDY of	
year MBBS, bearing roll no: 1601016035, has successfully completed the Val	lue
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducted	in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu no om Coordinator Coordinator

Principal/Dean
Principal / Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. DEVENDER R S	of III
year MBBS, bearing roll no:1601016036, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nolom Medical Coordinator

V .V'AN Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. DHANDU TARUN SAI KUMAR	of III
year MBBS, bearing roll no:1601016037, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducte	
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Coordinator Con Medical Control Medical Contro

V .V'AQT TO THE Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. DHATRIKA GAYATHRI DEVI	of III
year MBBS, bearing roll no: 1601016038, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nd on Comedica Coordinator Hyderada Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. <u>DODDIKINDI SHRAVAN REDDY</u>	of III
year MBBS, bearing roll no: 1601016039, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ted in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolom (1 Coordinator

Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code –VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. DODDIKINDIWAD MADHULATA RAVINDRAREDDY of I	II
year MBBS, bearing roll no: 1601016040 , has successfully completed the Valu	10
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducted i	
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Coordinator Con Medica

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. <u>FARHANA BEGUM</u> 0	f II
year MBBS, bearing roll no:1601016041, has successfully completed the Va	'alue
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducted	d in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nd om the color coordinator coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. GADDALA SUSHMA	of III
year MBBS, bearing roll no: 1601016042 , has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conductor	
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nd om Coordinator

Principal/Dean
Principal / Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. GADDAM MANASA	of III
year MBBS, bearing roll no: 1601016043, has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conducte	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamu nolam Coordinator

· V'AQT Principal/Dean Principal / Dean

Malla Reddy Institute of Medical Sciences U.V. W wais Le

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. GADDAMEEDI SAI TEJA	of III
year MBBS, bearing roll no:1601016044, has successfully completed the	Value
added Course — "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	ed in
the institute from 20th Dec 2018 to 22nd Dec 2018.	

Jamundam 1 Coordinator



V.VAQ 6 4 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms. GARIGANTI GOPALA KRISHNA	of III
year MBBS, bearing roll no: 1601016045 , has successfully completed the	Value
added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES-VAC 3", conduct	
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Coordinator Medica

Principal/Dean
Principal / Dean
Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY) Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	G CHENGALA ANANYAA	0
III year MBBS, bearing roll no:	1601016046 , has Success	fully completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQU	ES", conducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamunda Coordinator

A. A. VOD Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)
Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	GUMMULA CHIN	MAYI 0
III year MBBS, bearing roll no	:1601016047, has	Successfully completed the
Value added Course — "BEAT TH	E STRESS-MANAGEMENT T	ECHNIQUES", conducted, in
the institute from 20th Dec 2018 t	o 22 nd Dec 2018.	

Coordinator Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	JAD	DU RISHIKA	of
III year MBBS, bearing roll no: _	1601016048	, has Successfully completed	d the
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", conducte	ed, in
the institute from 20th Dec 2018 to 2	2 nd Dec 2018.		

Tamu nd am A Coordinator se of Medical Coordinator

V .V'AQ Principal/Dean

Principal / Dean
Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	JAMBULA H	ASIKA REDDY	01
III year MBBS, bearing roll no:	1601016049	_, has Successfully comple	eted the
Value added Course — "BEAT THE	STRESS-MANAGEMI	NT TECHNIQUES", condu	icted, in
the institute from 20th Dec 2018 to 3	22 nd Dec 2018.		



V.V.A. Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	JONNAKUTI S	SUNIL KUMAR REDDY	of
III year MBBS, bearing roll no: _	1601016050	, has Successfully complete	ed the
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", conduct	ed, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Tamundan

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms	JUTTUK(ONDA SUSHMA	of
III year MBBS, bearing roll no:	1601016051	, has Successfully co	ompleted the
Value added Course — "BEAT THE	STRESS-MANAGEN	TENT TECHNIQUES", c	onducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Coordinator

V .V AQ Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

inted to KNRUHS, Warangal, Telangana, Recognized by Dental Council of the Size No.

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms	K KALYAN BABU	01
III year MBBS, bearing roll	no: <u>1601016052</u> , has Successfully completed th	he
Value added Course — "BEAT	THE STRESS-MANAGEMENT TECHNIQUES", conducted, i	in
the institute from 20 th Dec 201	3 to 22 nd Dec 2018.	

Jamu nden Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org

Certificate of Completion

This to certify that Mr/Ms.	K LAKS	HMI BHARGAVI	of
III year MBBS, bearing roll no: _	1601016053	, has Successfully complete	d the
Value added Course — "BEAT THE S	STRESS-MANAGE	MENT TECHNIQUES", conducte	ed, in
the institute from 20th Dec 2018 to 25	2 nd Dec 2018.		



V .V 105 Principal/Dean

Principal / Dean

Malla Reddy Institute (1)

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KAKI PRANE	ETH CHANDRA	0
III year MBBS, bearing roll no:	1601016054	, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEME	NT TECHNIQUES", conducted	, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Tamundam

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi
Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KALYANA	M AISHWARYA	of
III year MBBS, bearing roll no: _	1601016055	, has Successfully complete	ed the
Value added Course — "BEAT THE	STRESS-MANAGE	IENT TECHNIQUES", conduct	ed, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Tamunda

V . V AQT Principal/Dean

Malla Reddy Institute of Medical S

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

Inis to certify that Mr/Ms.	KANAP	AKTHI TAKUN	of
III year MBBS, bearing roll no: _	1601016056	, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", conducted	l, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Jamundam (1 Coordinator V .V'AQ Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KANDAI	A SWATHI	of
III year MBBS, bearing roll no: _	1601016057	_, has Successfully complete	d the
Value added Course — "BEAT THE	STRESS-MANAGEMI	ENT TECHNIQUES", conduct	ed, in
the institute from 20th Dec 2018 to 2	2 nd Dec 2018.		

Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	K LAKSHMI S	SATYA SAI LAHARI	of
III year MBBS, bearing roll no: _	1601016058	, has Successfully complete	d the
Value added Course — "BEAT THE	STRESS-MANAGEN	VIENT TECHNIQUES", conducte	ed, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Jamu Ador Coordinator

Principal/Deann
Principal of Medical Sciences
Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



This to certify that Mr/Ms.	KAPPALA S	SANJAY EZEKIEL		of
III year MBBS, bearing roll no:	1601016059	, has Successfully	completed	_ ~
Value added Course — "BEAT THE	STRESS-MANAGEM	ENT TECHNIQUES",	conducted,	in
the institute from 20th Dec 2018 to 2				
	1			

Jamu nolam (1) Coordinator

V.V'AQT Com Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KATTEMPUDI MEGHANA	of
III year MBBS, bearing roll no:	1601016060 , has Successfully complete	d the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducte	ed, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nolam Coordinator



V .V 107 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)
Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	KHADKEKAR NEHA	01
III year MBBS, bearing roll no:	ing agenosimi combietet	d the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducte	d, in
the institute from 20th Dec 2018 to 2		

Jamu nolom Ale Coordinator

V.V.105 Principal/Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KOMAL DHANRAJ	0
III year MBBS, bearing roll no: _	1601016062 , has Successfully completed the	he
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018 to 2	2 nd Dec 2018.	

Jamu Adam Coordinator

Principal / Dean

Malla Reddy Institute of Medical Sciences

U.V yw co oriso ce

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms	KOMATINENI SAI V	TENISH of
III year MBBS, bearing roll no:	1601016063, has \$	Successfully completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TE	CHNIQUES", conducted, in
the institute from 20^{th} Dec 2018 to	22 nd Dec 2018.	



V .V'AQT Principal/Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KONDITY PRA	NEETH of
III year MBBS, bearing roll no:	1601016064 , ha	s Successfully completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT	TECHNIQUES", conducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Janualana

V.V'AQ Principal/Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org

Certificate of Completion

This to certify that Mr/Ms.	KONDURU Y SAHITHI	0
III year MBBS, bearing roll no:	1601016065 , has Successfully completed th	16
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted, i	
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Tamu nd om Coordinator

V .V 100 - Care L.

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



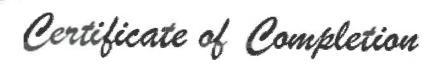
Certificate of Completion

This to certify that Mr/Ms.	KORAMONI SPHOORTHI	of
III year MBBS, bearing roll no:		he
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018 to	22 nd Dec 2018.	

Jamu nolomna Coordinator

V .V'AQ Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)
Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Dellni
Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms.	KOTHO	DLLA BINATHI	0
III year MBBS, bearing roll no:	1601016067	, has Successfully comple	eted the
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", conduc	cted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Jamu nolam Coordinator



(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KOTHURU HARSHITHA	of
III year MBBS, bearing roll no: _	1601016068, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted	d, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nd an dical selection of the select

V .V 10 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	KOTLA SAI BHARGAVI	of
III year MBBS, bearing roll no:	1601016069 , has Successful	lly completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES	S", conducted, in
the institute from 20th Dec 2018 to	22 nd Dec 2018.	

Coordinator

V .V 10 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	KUNCHALA AKHILA	0
III year MBBS, bearing roll no:	1601016070, has Successfully comp	leted the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", cond	ucted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	



V .V'AQT - L Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi
Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	K SRI SAI MANI CHANDANA	oi
III year MBBS, bearing roll no:	1601016071 , has Successfully completed	_
Value added Course — "BEAT THE ST	TRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018 to 22th	nd Dec 2018.	

Tamundam

V .V'AQT O WAS VA

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	L SRINID	HI SANTHOSHINI	01
III year MBBS, bearing roll no:	1601016072	, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", conducted	, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		



V.V'AQV Out

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi
Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms. LAGISETTI SARATH CHANDRA	of
III year MBBS, bearing roll no: 1601016073 , has Successfully completed the	V 2.
Value added Course - "BEAT THE STRESS-MANAGEMENT TECHNIQUES", conducted, i	in
the institute from 20 th Dec 2018 to 22 nd Dec 2018.	

Jamu nolom Coordinator



V .V AU Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	LAKSHMI ANKITHA ALLA	0
III year MBBS, bearing roll no: _	1601016074, has Successfully completed	
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted	l, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nolan Medical Coordinator

V .V 105 Principal/Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY) Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi

Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	LAVANGA JYOTHSNA SREE	of
III year MBBS, bearing roll no: _	1601016075, has Successfully comple	eted the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conduc	cted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu ndans Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	M DIVYA	0
III year MBBS, bearing roll no: _		ly completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES	, conducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu Adam Coordinator

V .V 100 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms.	M PRATEEKSHA SINGH	of
III year MBBS, bearing roll no:	1601016077 , has Successfully	completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES"	, conducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nolom (Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms.	M HARI KRI	SHNA PRASAD 0
III year MBBS, bearing roll no: _	1601016078	_, has Successfully completed the
Value added Course — "BEAT THE	STRESS-MANAGEMI	ENT TECHNIQUES", conducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nolam A Coordinator

V .V'AQT Principal/Dean

V Notice of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delki Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MANNA	M KARTHIK	of
III year MBBS, bearing roll no: _	1601016079	, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEN	IENT TECHNIQUES", conducted	i, in
the institute from 20th Dec 2018 to 2	2 ^{2nd} Dec 2018.		

Coordinator

V .V 105 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi
Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MAREBOINA SOWMYA LOLITA	0Î
III year MBBS, bearing roll no: _	1601016080 , has Successfully completed th	he
Value added Course — "BEAT THE S	STRESS-MANAGEMENT TECHNIQUES", conducted, i	in
the institute from 20th Dec 2018 to 22	2 nd Dec 2018.	

Jamu nolom Coordinator



V .V'107 Principal/Dean

U.V. 10 womis ve

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms.	MARINGANTI OOHA	01
III year MBBS, bearing roll no: _	1601016081 , has Successfully comp	oleted the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", cond	lucted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nolom (Coordinator

V.V'107 To the Principal/Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY) Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbuilapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	MEENAKSHI MADDIKERY	oí
III year MBBS, bearing roll no:	1601016082 , has Successfully completed t	he
Value added Course — "BEAT THE STR	RESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20 th Dec 2018 to 22 nd	Dec 2018.	

Jamu no and Coordinator

VAUT Principal/Dean
Principal/Dean
Malla Reddy Mishbute of Medical Science:

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MEGHANA K	0
III year MBBS, bearing roll no: _	1601016083 , has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted	, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nd om Coordinator

V .V 105 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	<u> </u>	A HARSHNI	_ 0f
III year MBBS, bearing roll no: _	1601016084	_, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEM	ENT TECHNIQUES", conducted	, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Coordinator Coordinator

V.V.AQ Out

Malla Reddy Institute of Medical e

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MERGOJU DIVYA	of
III year MBBS, bearing roll no: _	1601016085 , has Successfully completed	d the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducte	d, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Coordinator

Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms	MERUGU KARTHIK	_ 01
III year MBBS, bearing roll r	no:1601016086, has Successfully completed	the
Value added Course — "BEAT T	THE STRESS-MANAGEMENT TECHNIQUES", conducted,	, in
the institute from 20th Dec 2018	to 22 nd Dec 2018.	

Tamundam

V .V'105 Principal/Dean

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

MERUVA SRI VAISHNAVI	01
1601016087 , has Successfully	completed the
TRESS-MANAGEMENT TECHNIQUES"	, conducted, in
nd Dec 2018.	
	1601016087 , has Successfully TRESS-MANAGEMENT TECHNIQUES**



V .V'AQ Principal/Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms	MESA AKHILA	_ of
III year MBBS, bearing roll no: _	1601016088, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted	l, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Coordinator

V .V'AQ Principal/Dean

Malla Reddy Institute of Medical Po

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MOHD RAFIUDDIN	01
III year MBBS, bearing roll no	o:1601016089, has Successfully completed	the
Value added Course — "BEAT T	HE STRESS-MANAGEMENT TECHNIQUES", conducted	d, in
the institute from 20th Dec 2018	to 22 nd Dec 2018.	

Jamu nolom Coordinator

Principal/Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms	MOOD JAYANTH CHOWHAN	_ of
III year MBBS, bearing roll no: _	1601016090, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted,	, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Tamundam

V .V'105 Principal/Dean

V VXW wine C

Malla Reddy Institute of Medical S

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MUDAV	ATH ANITHA	of
III year MBBS, bearing roll no: _	1601016091	, has Successfully (completed the
Value added Course — "BEAT THE	STRESS-MANAGEN	MENT TECHNIQUES",	conducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Coordinator

V . V'AQ Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciencer

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms	MUDAVAT	TH SANTHOSH	of
III year MBBS, bearing roll no:	1601016092	_, has Successfully comple	ted the
Value added Course — "BEAT THE	E STRESS-MANAGEM	ENT TECHNIQUES", conduc	cted, in
the institute from 20th Dec 2018 to	22 nd Dec 2018.		

Jamu nolom A Coordinator

V .V'AQ Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science.

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MULINTI RUCH	IKA REDDY	0f
III year MBBS, bearing roll no:	1601016093 , 1	nas Successfully	completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT	TECHNIQUES".	, conducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Coordinator

V .V'AQT O W. L.
Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science:

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MUNIGI	ETI RAJAVIND	of
III year MBBS, bearing roll no:	1601016094	, has Successfully complete	ed the
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", conduct	ed, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Jamu nolam Coordinator Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)
Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	MUTTE SRIKANTH	of
III year MBBS, bearing roll no:		ted the
Value added Course — "BEAT THI	E STRESS-MANAGEMENT TECHNIQUES", conduc	eted, in
the institute from 20th Dec 2018 to	22 nd Dec 2018.	

Coordinator of Medical Coordinator

V .V'AQ Principal/Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms	N SAHITHI RAO	of
III year MBBS, bearing roll no:	1601016096, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018 to	22 nd Dec 2018.	

Tarmindon Coordinator

V . V'AQ Out Principal/Dean

Malla Reddy Institute of Medical Scien

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delha Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	NAGA VENK	ATA SAI NEHA N	of
III year MBBS, bearing roll no: _	1601016097	, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEN	IENT TECHNIQUES", conducted	d, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.		

Jamu nd or Made Coordinator

V . V 105 Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciencer

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	NIKHIL REDDY KOTHAKOTA	of
III year MBBS, bearing roll no:	1601016098 , has Successfully con	npleted the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", co	nducted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nd om Coordinator

Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)
Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi

Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	NIKITA SINGH
III year MBBS, bearing roll no:1601016	has Successfully completed the
Value added Course — "BEAT THE STRESS-MA	NAGEMENT TECHNIQUES", conducted, in
the institute from 20th Dec 2018 to 22nd Dec 2018	3.

Jamu nologia

V .V 100 Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	P JEEVANA PRIYA	0
III year MBBS, bearing roll no: _		leted the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", condu	ucted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Coordinator & of Medical Coordinator

V.V.AQT Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science:

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms	P SUMALINI REDDY	01
III year MBBS, bearing roll no: _	1601016101 , has Successfully completed	l the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted	d, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nolom Coordinator



V .V 10 Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi
Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms.	P YADU VAMSHI REDDY	0
III year MBBS, bearing roll no: _	1601016102 , has Successfully complete	ed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conduct	ted, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Tamundam

Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi
Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	PADAVALA RISHITHA NAIDU	0
III year MBBS, bearing roll no: _	1601016103, has Successfully complet	ted the
Value added Course — "BEAT THE S	STRESS-MANAGEMENT TECHNIQUES", conduc	eted, in
the institute from 20th Dec 2018 to 23	22 nd Dec 2018.	

Coordinator

V .V'A07 Principal/Dean

6. 4.10 como ce

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	PARANKUSAM	SAI KOMAL 0
III year MBBS, bearing roll no:	1601016104	has Successfully completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT	TECHNIQUES", conducted, in
the institute from 20th Dec 2018 to 1	22 nd Dec 2018.	

Jamu nolam (

V.V'AQ Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



This to certify that Mr/Ms	PASUMARTHY NIKITHA	of
III year MBBS, bearing roll n	o: <u>1601016105</u> , has Successfully completed t	he
Value added Course — "BEAT T	THE STRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018	to 22 nd Dec 2018.	

Jamu nol om Coordinator of Medical Coordinato

V .V'105 Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	PASUPULA RAJITHA	of
III year MBBS, bearing roll no:		the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018 to	22 nd Dec 2018.	

Coordinator

Principal/Dean Comprincipal Scient

Principal / Dean
Principal / Dean
Reddy Institute of Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms	PASUPULETI ANUSHA	0
III year MBBS, bearing rol	no:1601016107, has Successfully completed t	he
Value added Course — "BEAT	THE STRESS-MANAGEMENT TECHNIQUES", conducted,	i
the institute from 20th Dec 20	18 to 22 nd Dec 2018.	

Coordinator Medical

V .V 107 Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code –VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangai, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbuilapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



This to certify that Mr/Ms.	PEDDIREDDI VINDHYA	01
III year MBBS, bearing roll no: _	1601016108, has Successfully completed	the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted	l, in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Jamu nolam A Coordinator

V.V'AQ Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	POLAMURI RITHVIK	0
III year MBBS, bearing roll no: _	1601016109, has Successfully completed	the
Value added Course — "BEAT THE S	STRESS-MANAGEMENT TECHNIQUES", conducted	l, in
the institute from 20th Dec 2018 to 25	2 nd Dec 2018.	

Jamundam 1 Coordinator Med

V.VAOT Principal/Dean

Principal / Dean Malla Reddy Institute of Medical Sciencer

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)
Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	PRATHIPATHI NISSIANGELENE	oí
III year MBBS, bearing roll no: _	1601016110, has Successfully completed t	the
Value added Course — "BEAT THE S	STRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018 to 22	2 nd Dec 2018.	



Principal/Dean

Malla Reddy Institute of Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Qutabullapur (M), Jeedimetla, Hyderabad -500055, www.nrims.org



Certificate of Completion

This to certify that Mr/Ms.	PREETHI VANGARI	of
III year MBBS, bearing roll no:		ılly completed the
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUE	S", conducted, in
the institute from 20 th Dec 2018 to	22 nd Dec 2018.	

Tamu nol Coordinator Meradod Coordinator Meradod Coordinator Meradod Coordinator Meradod Coordinator C

V .V'AQT Com Principal/Dean

Principal / Dean

Malla Reddy Institute of Medical Science

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	PURI	NAVYASREE	of
III year MBBS, bearing roll no:	1601016112	, has Successfully comple	eted the
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", condu	ıcted, in
the institute from 20 th Dec 2018 to 2	22 nd Dec 2018.		

Tamu nolon a of Mayles Coordinator Hydrented Co

V . V'AQ Principal/Dean

Principal / Dean
Principal / Dean
Malla Reddy Institute of Medical Science

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	RH	NISCHALA 0
III year MBBS, bearing roll no: _	1601016113	, has Successfully completed th
Value added Course — "BEAT THE	STRESS-MANAGE	MENT TECHNIQUES", conducted, in
the institute from 20th Dec 2018 to 2	2 nd Dec 2018.	

Tamu no confidence Coordinator Coordinator

Principal/Dean

U. W. Hastifule of Mahadical Sciences

Malla Reddy Institute of Mahadical Sciences

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangai, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	R SAI CHITRA	0f
III year MBBS, bearing roll no:	1601016114, has Successfully completed th	he
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted,	in
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.	

Coordinator Mendred

V .V'AQ Principal/Dean

Principal / Dean
Principal / Dean
Principal / Dean
Principal / Dean
Malla Reddy Institute of Medical Science

Course code -VM03

(SPONSORED BY CHANDRAMMA EDUCATIONAL SOCIETY)

Affiliated to KNRUHS, Warangal, Telangana, Recognized by Dental Council of India, New Delhi Suraram 'X' Road, Quthbullapur (M), Jeedimetla, Hyderabad -500055, www.mrims.org



Certificate of Completion

This to certify that Mr/Ms.	RAMANAPUDI HIMA SAMEERA			
III year MBBS, bearing roll no:	1601016115, has Successfully completed th	ne		
Value added Course — "BEAT THE	STRESS-MANAGEMENT TECHNIQUES", conducted, i	in		
the institute from 20th Dec 2018 to 2	22 nd Dec 2018.			

Jamu no om (Coordinator

V .V'AQ Principal/Dean

Principal / Dean
Principal / Dean
Malla Reddy Institute of Medical Sciences



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY: CHANDRAMMA EDUCATIONAL SOCIETY)
Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

Feed	dback analysis of students o	n VAL	UE A	DDED	COUR	RSES		
Academic Year : 2018-2019		Year: III MBBS						
Name of the VA	C: Beat the Stress- Managemen	t Techni	ques					
Course Code: VM-03								
	Students Completed: 110							
	ck on the program was collected of the following parameters.	and ana	alyzed,	using Li	kert rat	ting on	the scale	
(1- strongly Disag	gree, 2- Disagree, 3- Uncertain, 4-	Agree, 5	5- Stron	gly Agre	e)			
Sl. No	Attributes	5	4	3	2	1	Average Score	
1	Course is relevant to my needs	105	5				4.93	
2	The objectives were clearly stated and appropriate	102	7	1			4.89	

2	stated and appropriate	102	/	l		4.89
3	The flow of content was seamless	100	5	5		4.84
4	The speakers were well prepared	108	2			4.89
5	The A-V aids were well used	105	3	2		4.79
6	Speakers provided time for clarification of doubts	108	1	1		4.84
7	Opportunities for hands-on learning/ practical application were given	107	2	1		4.81
8	This course is useful and needed to help doctors work efficiently	105	5			4.95
	·					

Suggestions: Excellent sessions. Please plan yearly sessions like this.

Jamunelami)
Coordinator

astitute of A



V.V. vomo Comp CC

Principal/Dean V NAV W W W W Principal / Dean Malla Reddy Institute of Medical Sciences

Principal / Dean

Malla Reddy Institute of Medical Sciences

Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055. Tel: 9676017777, 9676027777, 7842090952

E-mail: mallareddyhospital@gmail.com mrims.2012@gmail.com www.mrims.org