

To
The Dean

Date: 2.9.19

Hyderabad

Malla Reddy Institute of Medical Sciences
Suraram
Hyderabad.

From
MEU Coordinator
Malla Reddy Institute of Medical Sciences
Suraram
Hyderabad.

Dear Sir,

Sub: Requisition of permission to conduct Value Added Course on "Mindfulness for Medical Undergraduates".

I, on behalf of the Department of Medical Education, MRIMS, would like to request you to grant permission for the conduct of a 3 Value Added Course on "**Mindfulness for Medical Undergraduates**", for (1st MBBS) from 11th September 2019 to 13th September 2019 in the Lecture Hall, Ground Floor, Academic Block, MRIMS.

Thanking you,

Yours sincerely,

Permitted

V.V.V.V. Coor

Principal / Dean
Malla Reddy Institute of Medical Sciences



Jamunelam D.
MEU Coordinator

V.V.V.V. Coor

Principal / Dean
Malla Reddy Institute of Medical Sciences



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)

Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India.
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

CIRCULAR

Ref. No.: MRIMS/Circulars/VAC/2019/Sept-01

Date: 3.9.19

“Mindfulness for Medical Undergraduates” course will be conducted in Malla Reddy Institute of Medical Sciences from 11th September 2019 to 13th September 2019 for (1st MBBS). HODs to inform the students and reschedule classes and postings. Students have to register with the program co-ordinator Dr.Jamuna Rani.

Resource persons:

1. Dr. Ramani. M, Academic Dean, Professor Department of Pathology, MRIMS.
2. Dr Rohit, Assistant Professor, Department of Pharmacology, MRIMS

Venue – Lecture Hall, Ground floor, Academic Block, MRIMS

Date – 11.9.2019 TO 13.9.2019

Time – 9.00 am – 4:30pm


PRINCIPAL/DEAN

Copy to:

1. Circulation in classroom
2. All HoDs
3. Notice board
4. PA to Principal for filing


Principal / Dean
Malla Reddy Institute of Medical Sciences


Principal / Dean
Malla Reddy Institute of Medical Sciences



Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel : 9676017777, 9676027777, 7842090952

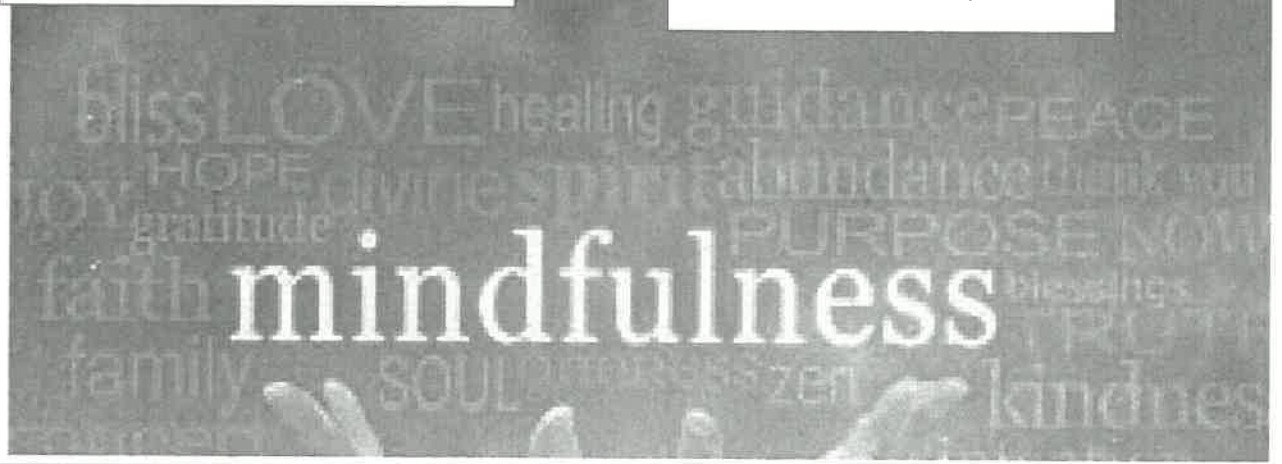
E-mail : mallareddyhospital@gmail.com mrim.2012@gmail.com www.mrim.2012.org



Malla Reddy Institute of Medical Sciences
Department Of Medical Education

**Mindfulness for Medical
Undergraduates**

11.9.2019 to 13.9.2019
9.00 am – 4:30pm



Lecture Hall, Ground floor, Academic Block, MRIMS

Resource persons:

1. Dr. Ramani. M, Academic Dean, Professor Department of Pathology, MRIMS.
2. Dr Rohit, Assistant Professor, Department of Pharmacology, MRIMS



U.V.V.V. ————
Principal / Dean
Malla Reddy Institute of Medical Sciences



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“Mindfulness for Medical Undergraduates” (VM06)

COURSE OBJECTIVES

COURSE OBJECTIVES	At the end of the course, the students should be : <ul style="list-style-type: none">• Able to understanding of what mindfulness is and its relevance to medical practice• Able to manage mindfulness techniques to manage stress effectively during their medical education and future careers• Able to cultivate compassion and empathy towards oneself and others, crucial for providing patient-centered care.
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COURSE SYLLABUS

MODULE	Syllabus
Module 1	Introduction and Principals mindfulness Benefits of mindfulness in medical education and practice Interactive exercises to introduce participants to mindfulness techniques
Module 2	Understanding stress and its impact on physical and mental health Guided mindful practices-Mindful breathing Group Discussion on integrating mindfulness into daily routines to manage stress
Module 3	Importance of compassion and empathy in medical practice Signs of burnout and its impact on personal well-being and patient care Goal setting session for integrating mindful sessions into daily life for promoting resilience

COURSE OUTCOME

COURSE OUTCOME	The course will help students to gain a deeper understanding of mindfulness and its relevance to their personal and professional lives and they will be will be better equipped to prevent burnout and sustain their passion for medicine throughout their careers.
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Jamunlam N.
COORDINATOR



V.V.N. Srinivasulu
Principal / Dean
Malla Reddy Institute of Medical Sciences
Malla Reddy Institute of Medical Sciences

Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel : 9676017777, 9676027777, 7842090952

E-mail : mallareddyhospital@gmail.com mrim.2012@gmail.com www.mrim.org



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Mindfulness for Medical Undergraduates” (VM06)

Program Schedule

Time	Program	Faculty
Day1, 11.9.2019		
9am-9:30am	Registration	MEU Members
9:30am to 10Am	Inauguration, welcome address	Dean, Academic Dean, Vice Principal Academics, Medical Superintendent
10am-11:00am	Introduction and Principals mindfulness	Dr M Ramani
11:00am to 11:15am	Tea Break	
11:15pm to 1pm	Benefits of mindfulness in medical education and practice	Dr Rohit
1pm-2pm	Lunch Break	
2pm-4.30pm	Interactive exercises to introduce participants to mindfulness techniques	Dr M Ramani , Dr Rohit
Day2,12.9.2019		
9am-9:30am	Recap	MEU Members
9:30am to 11am	Understanding stress and its impact on physical and mental health	Dr M Ramani
11:00am to 11:15am	Tea Break	
11:15am to 1:00pm	Guided mindful practices-Mindful breathing	Dr Rohit
1pm-2pm	Lunch Break	
2pm-3pm 3pm-4.30pm	Group Discussion on integrating mindfulness into daily routines to manage stress	Dr M Ramani, Dr Rohit
Day 3, 13.9.2019		
9am-9:30am	Recap	MEU Members
9:30am to 11am	Importance of compassion and empathy in medical practice	
11am to 11:15am	Tea Break	
11:15am to 1pm	Signs of burnout and its impact on personal well-being and patient care	Dr M Ramani
1pm-2pm	Lunch Break	
2pm-4pm	Goal setting session for integrating mindful sessions into daily life for promoting resilience	Dr Rohit
4pm-4.30pm	Reflections, Feedback	MEU Members



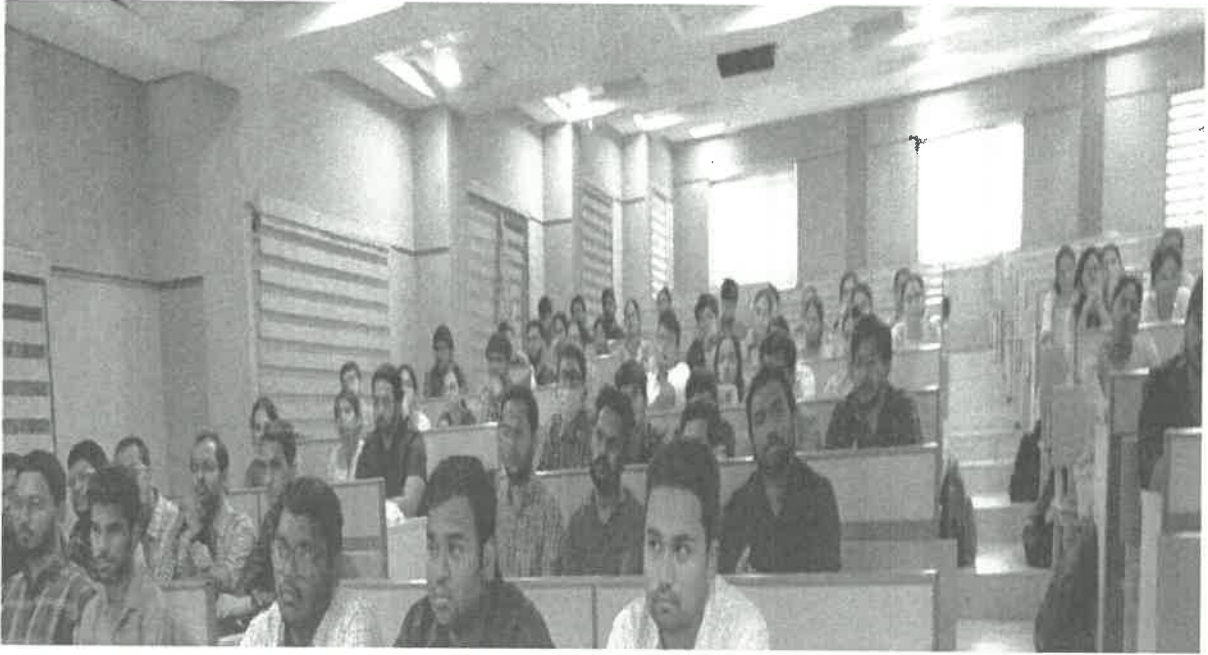
Jamunelam P.
COORDINATOR

V. Venkatesh Reddy
Principal / Dean
Malla Reddy Institute of Medical Sciences

Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel : 9676017777, 9676027777, 7842090952

E-mail : mallareddyhospital@gmail.com mrimms.2012@gmail.com www.mrimms.org



VM06



Mindfulness for Medical Undergraduates

Principal / Dean

Malla Reddy Institute of Medical Sciences
Malla Reddy Institute of Medical Sciences



MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

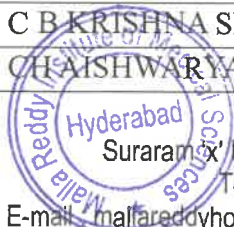
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Mindfulness for Medical Undergraduates	
Course Code: VM06	I MBBS
Date: 11.9.2019 to 13.9.2019	Time: 9:00am-4:30pm
Venue: Lecture Hall, Ground Floor, Academic Block, MRIMS	
Total Students Registered: 150	

Details of Students enrolled for VM06: Mindfulness for Medical Undergraduates

Sr No	Name of Student	Registration No	Registered
1.	ABHISHEK VISHNUDAS N K	1901016001	Yes
2.	ADDI NIHARIKA	1901016002	Yes
3.	ADITI V SAJJANAR	1901016003	Yes
4.	ADITYARAJ SINGH THAKUR	1901016004	Yes
5.	AJJA VAMSHIKA	1901016005	Yes
6.	AKSHADA YERABATI	1901016006	Yes
7.	AKSHANTHALA VARSHITH	1901016007	Yes
8.	ALLA MOUNIKA REDDY	1901016008	Yes
9.	ALLAM SINDHU MEGHANA	1901016009	Yes
10.	AMARCHINTHA VARA LAKSHMI	1901016010	Yes
11.	AMBATI PADMA PRIYA	1901016011	Yes
12.	ANVITHA VEMULA	1901016012	Yes
13.	APARAAJITHA KOTA	1901016013	Yes
14.	AVALLI DIVYASRI	1901016014	Yes
15.	B RITHEESHA	1901016015	Yes
16.	B SWARUPA RANI	1901016016	Yes
17.	BALE SAURABH SHYAMSUNDAR	1901016017	Yes
18.	BANDARU BHAGIRADHA UDAYA SAI HARSHITHA	1901016018	Yes
19.	BANTU MADHURI	1901016019	Yes
20.	BHOOMIREDDY GANESH REDDY	1901016020	Yes
21.	BHUKYA SINDHU	1901016021	Yes
22.	BIRRU SATHWIK	1901016022	Yes
23.	BODDAPATI VENNELA VEENA	1901016023	Yes
24.	C B KRISHNA SREE	1901016024	Yes
25.	CHAI SHWAR YA	1901016025	Yes



Suraram 'x' Road, Quthbullapur Municipality, Hyderabad - 500 055.

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Malla Reddy Institute of Medical Sciences

Principal / Dean

26.	CHADADEEP ARJUN KUMAR	1901016026	Yes
27.	CHALWADE ANUJ ANIL	1901016027	Yes
28.	CHANDA NAVYA	1901016028	Yes
29.	CHARVIKA LAKAVATH	1901016029	Yes
30.	CHATIRI PRANITHA	1901016030	Yes
31.	CHERUKU CHANDRAKUMAR	1901016031	Yes
32.	CHERUKURI HARISH CHOWDARY	1901016032	Yes
33.	CHINTAMANI SRI SHARAN	1901016033	Yes
34.	D ABHINAV KISHORE REDDY	1901016034	Yes
35.	DEEGUTLA SAI PRIYA	1901016035	Yes
36.	DEEKSHA SHUKLA	1901016036	Yes
37.	DEPA VENKAT REDDY	1901016037	Yes
38.	DEVA KAVYA	1901016038	Yes
39.	DEVSOOTH VIKRAM	1901016039	Yes
40.	DODLA POOJASREE	1901016040	Yes
41.	DOMMETI SAMBHAVI	1901016041	Yes
42.	E NITHIN KUMAR	1901016042	Yes
43.	E SRI GOWRIE PRAVALLIKA	1901016043	Yes
44.	ETHNOORI PRANITHA	1901016044	Yes
45.	FATHIMA ASHRAF	1901016045	Yes
46.	G SHREYA REDDY	1901016046	Yes
47.	GADE V S S L SUBHADRA	1901016047	Yes
48.	GANGALA SAI MOHIT YADAV	1901016048	Yes
49.	GANGISHETTI AMOOLYA	1901016049	Yes
50.	GATTU LAYA	1901016050	Yes
51.	GOODA KAVYA	1901016051	Yes
52.	GUNDALA AAKANKSHA	1901016052	Yes
53.	H V VAISHNAVI	1901016053	Yes
54.	HARIVISHNU C B	1901016054	Yes
55.	HAZARI JAHNAVI	1901016055	Yes
56.	IRUGULA VARSHITHA	1901016056	Yes
57.	ITAL SANKALP ANAND	1901016057	Yes
58.	J SRINIVAS DATTA PRASAD	1901016058	Yes
59.	JALA AKHILA	1901016059	Yes
60.	JOSHUA SURESH PALAPARTHI	1901016060	Yes
61.	K HARSHITHA SREE	1901016061	Yes
62.	K SUMASRI	1901016062	Yes
63.	KAGITHA VENKATA SAI SHASHANK	1901016063	Yes
64.	KALLURI CHANDANA RAO	1901016064	Yes
65.	KAMBHAMPATI HARI CHANDANA	1901016065	Yes



66.	KANDIKONDA SWATHI	1901016066	Yes
67.	KARANJE DEEPIKA	1901016067	Yes
68.	KARLAPALEM R V H SAI RITESH	1901016068	Yes
69.	KAVERI NUKALA	1901016069	Yes
70.	KAVYA GANGAVARAPU	1901016070	Yes
71.	KETHANA BHARAT SUHAS	1901016071	Yes
72.	KIRAN R SHINE T P	1901016072	Yes
73.	KOLAKATLA SHRAVAN KUMAR	1901016073	Yes
74.	KOMMU PADMA	1901016074	Yes
75.	KOTLA RAMYA SREE	1901016075	Yes
76.	KRISHNA GANESH BHARADWAJ JONNAVITHULA	1901016076	Yes
77.	KUNSOTH TRISHA	1901016077	Yes
78.	KURA VAISHNAVI REDDY	1901016078	Yes
79.	KUSUMARAJU SHARANYA	1901016079	Yes
80.	MANDALA LAVANYA	1901016080	Yes
81.	MEESALA SURENDRA	1901016081	Yes
82.	MERIGA SOWBHAGYA	1901016082	Yes
83.	MIRYALA ANVITHA	1901016083	Yes
84.	MOGILI VAISHNAVI	1901016084	Yes
85.	MOHAMMED AMER MOHIUDDIN	1901016085	Yes
86.	MOHAMMED RIYAN SIDDIQUI	1901016086	Yes
87.	MOHITH RAO DODDAVARAPU	1901016087	Yes
88.	MOMULA NEHA	1901016088	Yes
89.	MUKTHA SIDDHARTHA NAIDU	1901016089	Yes
90.	MUTTABOINA ANISHA	1901016090	Yes
91.	MUTYALA VISHAL KUMAR	1901016091	Yes
92.	NAGA VAISHNAVI UPPALA	1901016092	Yes
93.	NATCHARAJU PRANAV	1901016093	Yes
94.	NEHA GUPTA	1901016094	Yes
95.	NITYA REDDY GEEREDDY	1901016095	Yes
96.	P ADITI REDDY	1901016096	Yes
97.	P KAVYASREE	1901016097	Yes
98.	PAKALA VISHWAK SEN REDDY	1901016098	Yes
99.	PALAKURTHI SAI SRIKAR	1901016099	Yes
100.	PANTHALA KAMAL KRISHNA	1901016100	Yes
101.	PARASA SURYA VAMSI	1901016101	Yes
102.	PASULA SHIVA KRISHNA YADAV	1901016102	Yes
103.	PATHIPATI MRUDULA	1901016103	Yes
104.	PATIL RUCHA RAJESH	1901016104	Yes



145.	V SRI CHAITHRA	1901016145	Yes
146.	VANDANAPU AMULYA	1901016146	Yes
147.	VELDURTHI PRAVALIKA	1901016147	Yes
148.	DEMULA BALA SAI	1901016148	Yes
149.	VISHNU CHAITANYA ANGAMPALLY	1901016149	Yes
150.	YASASWINI NIMMAGADDA	1901016150	Yes

Jamunelam N.
Coordinator

V.V. Rao
Principal/Dean



Principal / Dean
Malla Reddy Institute of Medical Sciences



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Principal / Dean
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Mindfulness for Medical Undergraduates	
Course Code:VM06	I MBBS
Date: 11.9.2019 to 13.9.2019	Time:9:00am-4:30pm
Venue: Lecture Hall, Ground Floor, Academic Block, MRIMS	
Total Students Registered:70	

Details of Students successfully VM06: Mindfulness for Medical Undergraduates

Sr No	Name of Student	Registration No	Successfully Completed(Yes/No)
1.	ABHISHEK VISHNUDAS N K	1901016001	Yes
2.	ADDI NIHARIKA	1901016002	Yes
3.	ADITI V SAJJANAR	1901016003	Yes
4.	ADITYARAJ SINGH THAKUR	1901016004	Yes
5.	AJJA VAMSHIKA	1901016005	Yes
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21.	BHUKYA SINDHU	1901016021	Yes
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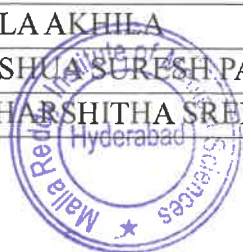
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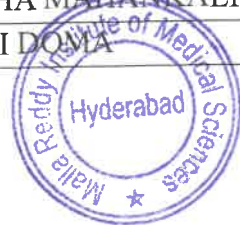


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94.	NEHA GUPTA	1901016094	Yes
95.	NI TYA REDDY GEEREDDY	1901016095	Yes
96.	PADITHI REDDY	1901016096	Yes



Principal / Dean
Malla Reddy Institute of Medical Sciences

97.	P KAVYASREE	1901016097	Yes
98.	PAKALA VISHWAK SEN REDDY	1901016098	Yes
99.	PALAKURTHI SAI SRIKAR	1901016099	Yes
100.	PANTHALA KAMAL KRISHNA	1901016100	Yes
101.	PARASA SURYA VAMSI	1901016101	Yes
102.	PASULA SHIVA KRISHNA YADAV	1901016102	No
103.	PATHIPATI MRUDULA	1901016103	Yes
104.	PATIL RUCHA RAJESH	1901016104	Yes
105.	PAVAN CHAND BANDI	1901016105	Yes
106.	PAWAR SNEHAL SATISH	1901016106	Yes
107.	PEETHA SURYANARAYANA	1901016107	Yes
108.	POBBATHI S J SONURAJ	1901016108	Yes
109.	POTHAN SRI SAI VARIKUTI	1901016109	Yes
110.	PRANAY KUMAR TUMULU	1901016110	Yes
111.	PRODDUKU AARTI	1901016111	Yes
112.	PURI ADITI YOGESH	1901016112	Yes
113.	RAJULAPATI BALA RAMA KRISHNA	1901016113	Yes
114.	RAMSHETTI SOUMYA	1901016114	Yes
115.	REKAPALLI VASAVI	1901016115	Yes
116.	RITHIKA RAO B	1901016116	Yes
117.	RONITH REDDY JAGITHARAM	1901016117	Yes
118.	RUCHITHA MAMIDALA	1901016118	Yes
119.	SAI GANESH DASARI	1901016119	Yes
120.	SAI PRATHISHTA PEETA	1901016120	Yes
121.	SAI PREETHAM REDDY CHADA	1901016121	Yes
122.	SAI SHREEGRA PURANIK	1901016122	Yes
123.	SANTHOSHI	1901016123	Yes
124.	SARA HARI PRIYA	1901016124	Yes
125.	SARLANA HASMITHA	1901016125	No
126.	SHAGA NANDINI REDDY	1901016126	Yes
127.	SHAIK SHAROOQ	1901016127	Yes
128.	SHAIK TAJ SONA TABASSUM	1901016128	Yes
129.	SHAKALA SATHVIK	1901016129	Yes
130.	SHREYA SRIDHAR	1901016130	Yes
131.	SHYAM SIVA SUNDER KAVALI	1901016131	Yes
132.	SIDDUGALLA NITIN HRUDAI	1901016132	Yes
133.	SNIGDHA MAHANKALI	1901016133	Yes
134.	SRUTHI DOVVA	1901016134	Yes



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This to certify that Mr/Ms. ABHISHEK VISHNUDAS N K of
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This to certify that Mr/Ms. BHOOMIREDDY GANESH REDDY of

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Certificate of Completion

This to certify that Mr/Ms. DEEGUTLA SAI PRIYA of

I year MBBS, bearing roll no: 1901016035, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jayandam N
Coordinator



V. V. Rao
Principal/Dean

Principal / Dean
Malla Reddy Institute of Medical Sciences

Course code –VM06

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Certificate of Completion

This to certify that Mr/Ms. DEEKSHA SHUKLA of
I year MBBS, bearing roll no: 1901016036, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadorn N
Coordinator



V. V. Rao
Principal/Dean
Principal / Dean

Malla Reddy Institute of Medical Sciences

Course code –VM06

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Certificate of Completion

This to certify that Mr/Ms. DEPA VENKAT REDDY of

I year MBBS, bearing roll no: 1901016037, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamunadham N
Coordinator



V. V. Rao
Principal/Dean
Principal / Dean
Malla Reddy Institute of Medical Sciences

Course code –VM06

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Certificate of Completion

This to certify that Mr/Ms. DEVA KAVYA of
I year MBBS, bearing roll no: 1901016038, has successfully completed the
Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



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Principal/Dean

Principal / Dean
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Course code –VM06

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Certificate of Completion

This to certify that Mr/Ms. DEVSOTH VIKRAM of
I year MBBS, bearing roll no: 1901016039, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunaharan N
Coordinator



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Principal/Dean

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V. V. Rao

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Certificate of Completion

This to certify that Mr/Ms. DODLA POOJASREE of
I year MBBS, bearing roll no: 1901016040, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundaram N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. DOMMETI SAMBHAVI of
I year MBBS, bearing roll no: 1901016041, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



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Certificate of Completion

This to certify that Mr/Ms. E NITHIN KUMAR of
I year MBBS, bearing roll no: 1901016042, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jameelam N
Coordinator



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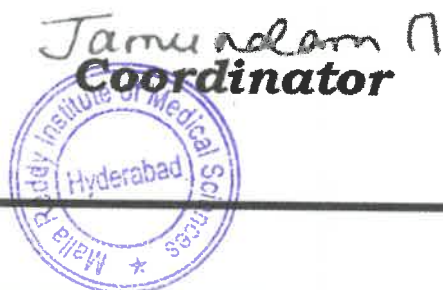
Certificate of Completion

This to certify that Mr/Ms. E SRI GOWRIE PRAVALLIKA of

I year MBBS, bearing roll no: 1901016043, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .



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Certificate of Completion

This to certify that Mr/Ms. ETHNOORI PRANITHA of
I year MBBS, bearing roll no: 1901016044, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundaram N
Coordinator



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Principal/Dean

Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. FATHIMA ASHRAF of
I year MBBS, bearing roll no: 1901016045, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadarn A
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. G SHREYA REDDY of
I year MBBS, bearing roll no: 1901016046, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jayaram N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. GADE V S S L SUBHADRA of
I year MBBS, bearing roll no: 1901016047, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadorn N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. GANGALA SAI MOHIT YADAV of

I year MBBS, bearing roll no: 1901016048, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

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Certificate of Completion

This to certify that Mr/Ms. GANGISHETTI AMOOLYA of

I year MBBS, bearing roll no: 1901016049, has successfully completed the

Value added Course – “MINDFULLNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

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Certificate of Completion

This to certify that Mr/Ms. GATTU LAYA of

I year MBBS, bearing roll no: 1901016050, has successfully completed the

Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. GOODA KAVYA of

I year MBBS, bearing roll no: 1901016051, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. GUNDALA AAKANKSHA of
I year MBBS, bearing roll no: 1901016052, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. H V VAISHNAVI of

I year MBBS, bearing roll no: 1901016053, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. HARIVISHNU C B of
I year MBBS, bearing roll no: 1901016054, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. HAZARI JAHNAVI of

I year MBBS, bearing roll no: 1901016055, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Coordinator



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Certificate of Completion

This to certify that Mr/Ms. IRUGULA VARSHITHA of
I year MBBS, bearing roll no: 1901016056, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundam N
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Certificate of Completion

This to certify that Mr/Ms. ITAL SANKALP ANAND of
I year MBBS, bearing roll no: 1901016057, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundam N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. J SRINIVAS DATTA PRASAD of
I year MBBS, bearing roll no: 1901016058, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadarn N
Coordinator



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Principal/Dean

~~V. V. Rao~~
Principal/Dean
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Certificate of Completion

This to certify that Mr/Ms. JALA AKHILA of

I year MBBS, bearing roll no: 1901016059, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



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Principal/Dean

Principal / Dean
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Hyderabad

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Certificate of Completion

This to certify that Mr/Ms. JOSHUA SURESH PALAPARTHI of

I year MBBS, bearing roll no: 1901016060, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundam N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. K HARSHITHA SREE of
I year MBBS, bearing roll no: 1901016061, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Coordinator



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Principal/Dean

G. V. Rao
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Certificate of Completion

This to certify that Mr/Ms. K SUMASRI of

I year MBBS, bearing roll no: 1901016062, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. KAGITHA VENKATA SAI SHASHANK of

I year MBBS, bearing roll no: 1901016063, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



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Principal/Dean

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V.V. Rao

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Certificate of Completion

This to certify that Mr/Ms. KALLURI CHANDANA RAO of

I year MBBS, bearing roll no: 1901016064, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019.

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Coordinator



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Certificate of Completion

This to certify that Mr/Ms. KAMBHAMPATI HARI CHANDANA of
I year MBBS, bearing roll no: 1901016065, has successfully completed the
Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted
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Certificate of Completion

This to certify that Mr/Ms. KANDIKONDA SWATHI of

I year MBBS, bearing roll no: 1901016066, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

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Certificate of Completion

This to certify that Mr/Ms. KARLPALEM R V H SAI RITESH of

I year MBBS, bearing roll no: 1901016068, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

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Certificate of Completion

This to certify that Mr/Ms. KAVERI NUKALA of
I year MBBS, bearing roll no: 1901016069, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. KAVYA GANGAVARAPU of

I year MBBS, bearing roll no: 1901016070, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Coordinator



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Certificate of Completion

This to certify that Mr/Ms. KETHANA BHARAT SUHAS of
I year MBBS, bearing roll no: 1901016071, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadarn N
Coordinator



V.V. Rao
Principal/Dean
Principal / Dean
Malla Reddy Institute of Medical Sciences

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Certificate of Completion

This to certify that Mr/Ms. KIRAN R SHINE T P of
I year MBBS, bearing roll no: 1901016072, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundaram N
Coordinator



V.V.16
Principal/Dean

V.V.16
Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. KOLAKATLA SHRAVAN KUMAR of
I year MBBS, bearing roll no: 1901016073, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadorn N
Coordinator



V. V. Rao
Principal/Dean

V. V. Rao
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Certificate of Completion

This to certify that Mr/Ms. KOMMU PADMA of
I year MBBS, bearing roll no: 1901016074, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



V. V. Rao
Principal/Dean
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Certificate of Completion

This to certify that Mr/Ms. KOTLA RAMYA SREE of
I year MBBS, bearing roll no: 1901016075, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadarn N
Coordinator



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Certificate of Completion

This to certify that Mr/Ms. KRISHNA GANESH BHARADWAJ JONNAVITHULA of
I year MBBS, bearing roll no: 1901016076, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
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Certificate of Completion

This to certify that Mr/Ms. KUNSOTH TRISHA of
I year MBBS, bearing roll no: 1901016077, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
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V. V. Rao
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Certificate of Completion

This to certify that Mr/Ms. KURA VAISHNAVI REDDY of

I year MBBS, bearing roll no: 1901016078, has successfully completed the

Value added Course – “MINDFULLNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jayashankar N
Coordinator



V. V. Rao
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Certificate of Completion

This to certify that Mr/Ms. KUSUMARAJU SHARANYA of
I year MBBS, bearing roll no: 1901016079, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundaram N
Coordinator



V. V. Rao
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Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. MANDALA LAVANYA of
I year MBBS, bearing roll no: 1901016080, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundaram N
Coordinator



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Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. MEESALA SURENDRA of
I year MBBS, bearing roll no: 1901016081, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Coordinator



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Certificate of Completion

This to certify that Mr/Ms. MERIGA SOWBHAGYA of

I year MBBS, bearing roll no: 1901016082, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundam N
Coordinator



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Certificate of Completion

This to certify that Mr/Ms. MIRYALA ANVITHA of

I year MBBS, bearing roll no: 1901016083, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

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Coordinator



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Certificate of Completion

This to certify that Mr/Ms. MOGILI VAISHNAVI of

I year MBBS, bearing roll no: 1901016084, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundaram N
Coordinator



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Certificate of Completion

This to certify that Mr/Ms. MOHAMMED AMER MOHIUDDIN of
I year MBBS, bearing roll no: 1901016085, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. MOHAMMED RIYAN SIDDIQUI of
I year MBBS, bearing roll no: 1901016086, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. MOHITH RAO DODDAVARAPU of
I year MBBS, bearing roll no: 1901016087, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadarn A
Coordinator



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Certificate of Completion

This to certify that Mr/Ms. MOMULA NEHA of

I year MBBS, bearing roll no: 1901016088, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. MUKTHA SIDDHARTHA NAIDU of
I year MBBS, bearing roll no: 1901016089, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Principal/Dean
V. V. Rao
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Certificate of Completion

This to certify that Mr/Ms. MUTTABOINA ANISHA of
I year MBBS, bearing roll no: 1901016090, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



V.V.V.V.
Principal/Dean

V.V.V.V.
Principal/Dean
Malla Reddy Institute of Medical Sciences

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Certificate of Completion

This to certify that Mr/Ms. MUTYALA VISHAL KUMAR of
I year MBBS, bearing roll no: 1901016091, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



V. V. Rao
Principal/Dean
Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. NAGA VAISHNAVI UPPALA of

I year MBBS, bearing roll no: 1901016092, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamundam N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. NATCHARAJU PRANAV of
I year MBBS, bearing roll no: 1901016093, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jameelam N
Coordinator



V. V. Rao
Principal/Dean

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Principal/Dean
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Certificate of Completion

This to certify that Mr/Ms. NEHA GUPTA of
I year **MBBS**, bearing roll no: 1901016094, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundarn N
Coordinator



V. V. Rao
Principal/Dean
Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. NITYA REDDY GEEREDDY of
I year MBBS, bearing roll no: 1901016095, has successfully completed the
Value added Course — “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



V. V. Rao
Principal/Dean

Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. P ADITI REDDY of
I year MBBS, bearing roll no: 1901016096, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



V.V.10
Principal/Dean

Principal / Dean
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V.V.10

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Certificate of Completion

This to certify that Mr/Ms. P KAVYASREE of

I year MBBS, bearing roll no: 1901016097, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundarn N
Coordinator



V. V. Rao
Principal/Dean

Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. PAKALA VISHWAK SEN REDDY of
I year MBBS, bearing roll no: 1901016098, has successfully completed the
Value added Course — “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadorn N
Coordinator



V. V. Rao
Principal/Dean

V. V. Rao
Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. PALAKURTHI SAI SRIKAR of
I year MBBS, bearing roll no: 1901016099, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. PANTHALA KAMAL KRISHNA of
I year MBBS, bearing roll no: 1901016100, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundaram N
Coordinator



V. V. Rao
Principal/Dean
Principal/Dean
Malla Reddy Institute of Medical Sciences
H. V. Rao

Course code –VM06

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Certificate of Completion

This to certify that Mr/Ms. PARASA SURYA VAMSI of

I year MBBS, bearing roll no: 1901016101, has successfully completed the

Value added Course – **“MINDFULLNESS FOR MEDICAL UNDERGRADUATES”**, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamundam N
Coordinator



V.V.10
Principal/Dean

Principal / Dean
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U.V.10

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Certificate of Completion

This to certify that Mr/Ms. PASULA SHIVA KRISHNA YADAV of

I year MBBS, bearing roll no: 1901016102, has successfully completed the

Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. PATHIPATI MRUDULA of

I year MBBS, bearing roll no: 1901016103, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

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Coordinator



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Certificate of Completion

This to certify that Mr/Ms. PATIL RUCHA RAJESH of
I year MBBS, bearing roll no: 1901016104, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jamunadorn N
Coordinator



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Certificate of Completion

This to certify that Mr/Ms. PAVAN CHAND BANDI of

I year MBBS, bearing roll no: 1901016105, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

Jamunadham N
Coordinator



V. V. Rao
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V. V. Rao

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Certificate of Completion

This to certify that Mr/Ms. PAWAR SNEHAL SATISH of
I year MBBS, bearing roll no: 1901016106, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. PEETHA SURYANARAYANA of
I year MBBS, bearing roll no: 1901016107, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. POBBATHI S J SONURAJ of
I year MBBS, bearing roll no: 1901016108, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. POTHAN SRI SAI VARIKUTI of
I year MBBS, bearing roll no: 1901016109, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019.

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Certificate of Completion

This to certify that Mr/Ms. PRANAY KUMAR TUMULU of

I year MBBS, bearing roll no: 1901016110, has successfully completed the

Value added Course – “MINDFULLNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

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Certificate of Completion

This to certify that Mr/Ms. PRODDUKU AARTI of
I year MBBS, bearing roll no: 1901016111, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019.

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Certificate of Completion

This to certify that Mr/Ms. PURI ADITI YOGESH of

I year MBBS, bearing roll no: 1901016112, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019.

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This to certify that Mr/Ms. RAJULAPATI BALA RAMA KRISHNA of

I year MBBS, bearing roll no: 1901016113, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

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Certificate of Completion

This to certify that Mr/Ms. RAMSHETTI SOUMYA of
I year MBBS, bearing roll no: 1901016114, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
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Certificate of Completion

This to certify that Mr/Ms. REKAPALLI VASAVI of
I year MBBS, bearing roll no: 1901016115, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
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Certificate of Completion

This to certify that Mr/Ms. RITHIKA RAO B of
I year MBBS, bearing roll no: 1901016116, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. RONITH REDDY JAGITHARAM of

I year MBBS, bearing roll no: 1901016117, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

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V.V.A. V

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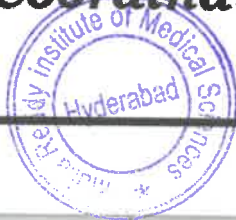
This to certify that Mr/Ms. RUCHITHA MAMIDALA of

I year MBBS, bearing roll no: 1901016118, has successfully completed the

Value added Course – “MINDFULLNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. SAI GANESH DASARI of

I year MBBS, bearing roll no: 1901016119, has successfully completed the

Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted

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Certificate of Completion

This to certify that Mr/Ms. SAI PRATHISHTA PEETA of

I year MBBS, bearing roll no: 1901016120, has successfully completed the

Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted

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Principal/Dean

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Principal/Dean
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Certificate of Completion

This to certify that Mr/Ms. SAI PREETHAM REDDY CHADA of

I year MBBS, bearing roll no: 1901016121, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. SAI SHREEGRA PURANIK of
I year MBBS, bearing roll no: 1901016122, has successfully completed the
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Certificate of Completion

This to certify that Mr/Ms. SANTHOSHI of
I year MBBS, bearing roll no: 1901016123, has successfully completed the
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Certificate of Completion

This to certify that Mr/Ms. SARA HARI PRIYA of

I year MBBS, bearing roll no: 1901016124, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. SARLANA HASMITHA of
I year MBBS, bearing roll no: 1901016125, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
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Certificate of Completion

This to certify that Mr/Ms. SHAGA NANDINI REDDY of

I year MBBS, bearing roll no: 1901016126, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. SHAIK TAJ SONA TABASSUM of
I year MBBS, bearing roll no: 1901016128, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
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Certificate of Completion

This to certify that Mr/Ms. SHAKALA SATHVIK of
I year MBBS, bearing roll no: 1901016129, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
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Certificate of Completion

This to certify that Mr/Ms. SHREYA SRIDHAR of

I year MBBS, bearing roll no: 1901016130, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. SIDDUGALLA NITIN HRUDAI of

I year MBBS, bearing roll no: 1901016132, has successfully completed the

Value added Course – “MINDFULNESS FOR MEDICAL UNDERGRADUATES”, conducted

in the institute from 11th Sept 2019 to 13th Sept 2019 .

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Certificate of Completion

This to certify that Mr/Ms. SNIGDHA MAHANKALI of

I year MBBS, bearing roll no: 1901016133, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. SRUTHI DOMA of

I year MBBS, bearing roll no: 1901016134, has successfully completed the

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This to certify that Mr/Ms. SUDHARSHAN P BAGUKKUDUMBI of
I year MBBS, bearing roll no: 1901016135, has successfully completed the
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Certificate of Completion

This to certify that Mr/Ms. SULAKSHANA APPALA of

I year MBBS, bearing roll no: 1901016136, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. SUMA SREE JALADI of
I year MBBS, bearing roll no: 1901016137, has successfully completed the
Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted
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Certificate of Completion

This to certify that Mr/Ms. TANISHA GARG of

I year MBBS, bearing roll no: 1901016138, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. TANMAYEE RAMESH NALAVADE of

I year MBBS, bearing roll no: 1901016139, has successfully completed the

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This to certify that Mr/Ms. TANNERU BHANU PRATHYUSHA of

I year MBBS, bearing roll no: 1901016140, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. THANNEERU SANJANA of

I year MBBS, bearing roll no: 1901016141, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. THANUGUNDLA SANJAY REDDY of
I year MBBS, bearing roll no: 1901016142, has successfully completed the
Value added Course – “**MINDFULLNESS FOR MEDICAL UNDERGRADUATES**”, conducted
in the institute from 11th Sept 2019 to 13th Sept 2019 .

Jayaram N
Coordinator



V. V. Rao
Principal/Dean

V. V. Rao
Principal/Dean
Malla Reddy Institute of Medical Sciences

Course code –VM06

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Certificate of Completion

This to certify that Mr/Ms. V ABHINAVI of

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Jamundam N
Coordinator



V. V. Rao
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This to certify that Mr/Ms. V ADYUTI of
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Jamunadorn N
Coordinator



V. V. Rao
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This to certify that Mr/Ms. V SRI CHAITHRA of

I year MBBS, bearing roll no: 1901016145, has successfully completed the

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Certificate of Completion

This to certify that Mr/Ms. VANDANAPU AMULYA of
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This to certify that Mr/Ms. VELDURTHI PRAVALIKA of

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Certificate of Completion

This to certify that Mr/Ms. VEMULA BALA SAI of

I year MBBS, bearing roll no: 1901016148 , has successfully completed the

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This to certify that Mr/Ms. VISHNU CHAITANYA ANGAMPALLY of

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Certificate of Completion

This to certify that Mr/Ms. YASASWINI NIMMAGADDA of

I year MBBS, bearing roll no: 1901016150, has successfully completed the

Value added Course – “**MINDFULNESS FOR MEDICAL UNDERGRADUATES**”, conducted

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Malla Reddy Institute of Medical Sciences
V. V. Rao

Course code – VM06



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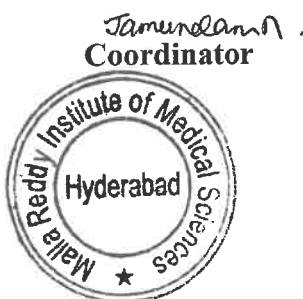
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Feedback analysis of students on VALUE ADDED COURSES							
Academic Year : 2019-2020				Year: I MBBS			
Name of the VAC: Mindfulness of Medical Graduates							
Course Code: VM06				Students Registered: 150			
Students feedback on the program was collected and analyzed, using Likert rating on the scale of 1 to 5 for each of the following parameters.							
(1- strongly Disagree, 2- Disagree, 3- Uncertain, 4- Agree, 5- Strongly Agree)							
Sl. No	Attributes	5	4	3	2	1	Average Score
1	Course is relevant to my needs	120	18	5			4.80
2	The objectives were clearly stated and appropriate	123	15	5			4.83
3	The flow of content was seamless	118	12	10	3		4.71
4	The speakers were well prepared	127	10	6			4.85
5	The A-V aids were well used	138	5				4.97
6	Speakers provided time for clarification of doubts	115	20	8			4.75
7	Opportunities for hands-on learning/ practical application were given	125	15	3			4.85
8	This course is useful and needed to help doctors work efficiently	110	20	13			4.68

Suggestions: 1.Good Session with lot of interaction



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