

Celebration of National Nutrition Week: Day 1

Date: 01-09-2015

No. of Participants: 25

Venue: Anganwadi centre at shapur

Time: 11:30 am

Theme: Health Education to Pregnant and Lactating Women

Dr. K. Sushma explained the importance of nutrition in pregnant and lactating women. Professor and HOD, Dr. Prashant R Kokiwar highlighted on the importance of hemoglobin percentage in pregnant and lactating women. Dr. A. A. Kameswar Rao stressed on removing the misbeliefs of certain food items. Vote of thanks was given by Mr. Srinivas MSW. The following staff participated in the programme.

Celebration of National Nutrition Week; Day 2

Date: 03-09-2015

No. of Participants: 200

Venue: Z.P.P.H.S, at Dundigal

Time: 11:30 am

Theme: Nutritional Education to Adolescent Boys & Girls

Vice Principle introduced the faculty to the students, then Mr. Srinivas MSW gave brief introduction about the programme. Dr. Shridevi explained the importance of nutritional week, nutritional health problems among adolescents like Anemia, Malnutrition, and obesity, under weight, Iodine deficiency etc and also regarding intake of balanced diet. Dr. A. A. Kameswar Rao explained the students regarding various clinical signs and symptoms of Nutritional deficiencies and importance of having Iron, Iodine, rich food. Dr. Prashant R Kokiwar highlighted about the importance of Iron, vitamin 'C', rich food and also stressed on importance of hand washing with soap and water. Vote of thanks was given by Mrs. Christiana principal of the school.

Celebration of National Nutrition Week, Day 3

Date: 07-09-2015

No. of Participants: 300

Venue: Z.P.P.S Promary school, Shapur

Time: 10:30 am

Theme: Nutrition assessment of Primary School Children

All school children were screened for nutritional status. Dr. Prashant R Kokiwar emphasized on giving nutrition education to children. He also told that regular class should be taken on nutrition Teachers should discuss about the nutrition status of children with their parents in monthly parent teacher meeting.



